

Let me see that!



Drinking and Driving

Spring 2008

Physical Education Standard 2: Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

Social Studies Standard 5: Key Idea 2: The state and federal governments established by the Constitutions of the United States and the State of New York embody basic civic values (such as justice, honesty, self-discipline, due process, equality, majority rule with respect for minority rights, and respect for self, others, and property), principles, and practices and establish a system of shared and limited government. (Adapted from *The National Standards for Civics and Government, 1994*)

Catalog Number: DVD160
Title: Alcohol: teenage drinking
Imprint: Schessinger, 2004.
Physical Description: DVD, 23 min., closed captioned, teacher's guide.

Summary: Advertising portrays alcohol consumption as fun, relaxing, romantic, exciting and adventurous. Yet, alcohol is the most abused drug in the world, and one that is often abused by teens with tragic consequences. In Alcohol: Teenage Drinking, students will get the facts on how alcohol affects the brain and body, with vivid animations explaining how drinking impairs motor skills and judgment. This compelling video encourages viewers to ask hard questions about the risks and benefits of drinking, highlighting some tragic personal stories with teen interviews and explanations from experts. This program approaches the topic with straight talk about the dangers of binge drinking and the choices teens are faced with every day. Part of the multivolume Drug Education for Teens DVD Series. A Teacher's Guide is included and available online.

Audience: [Junior High](#), [Senior High](#)

Catalog Number: DS594
Title: My Friends, My Friends--Alcohol & Automobiles
Imprint: Churchill Media, 1990.

Physical Description: Digital Video Streaming, 22 min.
Summary: This hard-hitting program tells the true story of three teens who have killed people by drinking and driving. The teens tell their stories and try to convey the devastation and anguish that can result from using poor judgment about drinking and driving.

Audience: [Junior High](#), [Senior High](#)

Catalog Number: V6186
Title: Choices: don't drink and drive
Imprint: AIMS, 1996.

Physical Description: Videocassette, 12 min.
Summary: This video was designed to impact the viewer on an emotional and intellectual level. Although there are no "blood and guts" scenes, the viewer is shown graphically what life will be like when a drinking and driving accident results in head injury. The program exposes the attitudes and excuses used by drug or alcohol impaired drivers, and offers alternatives.

Audience: [Senior High](#)

Catalog Number: X1642
Title: Drinking, driving and drugs: a deadly mix
Imprint: Marsh Media, 2004.

Physical Description: Videocassette, 20 min.
Summary: This program introduces viewers to the profound dangers of driving under the influence of alcohol and other drugs. Through first-person stories of people whose lives have been destroyed by drinking and driving, viewers are made aware that a split second decision to get behind the wheel while under the influence can cause irreparable trag-

edy. The program also includes statistics that show the undeniable risks involved with driving while intoxicated, as well as narration by police, doctors, and prevention activists.

Audience: [Senior High](#), [College](#)

Catalog Number: DA247, SO23
Title: Defensive Driving

Imprint: Meridian Education, 2005.

Physical Description: DVD, Digital Video Streaming, 21 min.

Summary: In this video, NASCAR sensation David Reutimann focuses on defensive driving, the cornerstone of safe vehicle operation. Underscoring the danger of making assumptions when behind the wheel, the program stresses preparing for the worst possible events and circumstances, and illustrates three solid principles of defensive driving; Give Yourself Space, Anticipate, and Know Your Options, issues concerning drunk driving, tailgating, finding escape routes out of dangerous situations, and proper behavior at the scene of an accident are also covered.

Audience: [Senior High](#)

Catalog Number: DS2167

Title: The Truth about Teen Alcohol Use: A Social Norms Approach

Imprint: Aquarius Health Care Media, 2002.

Physical Description: Digital Video Streaming, 25 min.

Summary: Exposes the truth behind the myths and rumors surrounding alcohol use among teens using a roundtable discussion approach. Real teens talk about how maturity, language, misperceptions, and the media influence their beliefs about adolescent alcohol abuse and how consequences--from rumor-spreading to date rape--result from exaggerated perceptions about drinking. An actual high school survey is performed and reveals the truth about who's drinking and how often...with surprising results!

Audience: [Junior High](#), [Senior High](#)

New

Catalog Number: V7424

Title: **Drinking and driving kills**

Imprint: NEWDIM, 1997.

Physical Description: Videocassette, 25 min.

Summary: Built around emotional interviews with families and friends who have lost a young person to drunk driving, this program forces viewers to reflect upon whether they want to risk inflicting this kind of pain on others. Emotional and involving, it will affect the choices teenagers make.

Audience: [Junior High, Senior High](#)

Catalog Number: V7452

Title: **Shatter**

Imprint: AIMS, 1998.

Physical Description: Videocassette, 17 min.

Summary: Binge drinking and the resulting at-risk behaviors among adolescents is a prevalent problem for today's teens. "Shatter" dramatizes a group of students at a weekend party, some of whom have been abusing alcohol and others who haven't, and the personal, psychological and physiological problems that develop.

Audience: [Junior High, Senior High](#)

Catalog Number: DA28, SO214

Title: **Asleep at the Wheel: The Dangers of Drowsy Driving**

Imprint: Human Relations Media, 2006.

Physical Description: DVD, Digital Video Streaming, 15 min., closed captioned, teacher's guide.

Summary: Sleep deprived teens today are facing serious and even fatal consequences when combining drowsiness with driving. Each year drowsy driving causes more than 100,000 car crashes and 1,500 deaths. Over 50% of the drivers involved in these crashes are teenagers and young adults in their early twenties. Real life accident victims reiterate chilling stories of the repercussions of drowsy driving. A parent of a teen killed by a drowsy driver describes her successful efforts to pass a law, making it a felony to cause a fatal accident due to lack of sleep. A prominent sleep researcher compares driving while sleepy to driving while intoxicated. Raises viewer awareness of warning signs and risk factors of drowsy driving and gives information to insure alertness and responsible, safe driving.

Audience: Junior High, Senior High

Catalog Number: X635

Title: **Club drugs: the real deal**

Imprint: Human Relations Media, 2002.

Physical Description: Videocassette, 26 min.

Summary: While drug use among teenagers has leveled off in the last few years, a new and dangerous menace known as club drugs offers an even greater threat to today's teens. The names for these easy-to-come-by drugs include Ecstasy, GBH, methamphetamine, Rohypnol (the date rape drug) and many others. With false promises of "safe" highs, the drugs are packaged specifically to appeal to trend conscious teenagers. While they are often available at dance parties called "raves," club drug substances are now commonly available everywhere there are teenagers. The video provides teens with the latest up-to-date information on the dangers of these drugs as well as information on evaluating their choices at parties where adult supervision may be lacking.

Audience: [Junior High, High School](#)

Catalog Number: DS2202

Title: **Alcohol: What about It?**

Imprint: Marsh Media, 2001.

Physical Description: Digital Video Streaming, 16 min.

Summary: Tells a young boy's story concerning decisions about alcohol. Adam, faced with choices about beer and alcohol use, confronts his

feelings, questions, and doubts in relationship to peer pressure armed with the power of information. He discovers and shares the health consequences of drinking and the facts about why some young people choose to drink, from depression to fitting in.

Audience: Intermediate

Catalog Number: DS2629

Title: **Feels So Good Hurts So Bad**

Imprint: Intelecom, 2001.

Physical Description: Digital Video Streaming, 29 min.

Summary: Exposes the dangers of alcoholism and tobacco use and observes how doctors and psychologists use the latest breakthroughs in medical technology to treat victims of addiction. The program covers factors that can lead to addiction--including environmental influences and genetic predispositions--as well as identifies treatment options for those trying to stay sober. Approaching alcoholism as a physical disease, therapists and public health experts describe the startling effects of alcohol on body chemistry and the brain's ability to control emotions and motor skills. Recovering alcoholics and smokers share stories from their journeys to recovery and note the personality traits of individuals who often turn to alcohol and cigarettes for solace.

Audience: Junior High, Senior High

WEBSITES

[National Highway Safety Administration](#)

See the link to teen drivers.

www.nhtsa.dot.gov

Teen Driving

Hundreds of safe driving and defensive driving tips for teens.

<http://www.teendriving.com/>

*Order resources by phone (464-5104),
by fax (464-5101)
or online at:
www.crbsls.org*



Linda Fox, Program Manager

Capital Region BOCES Instructional Media Services

Suite 102, 900 Watervliet Shaker Road

Albany, NY 12205